

How Can I Help?

There are many ways to help people around you, and lots of people who could use your help. Helping is a way to be kind and to show you care about others. Explore who you can help, and how you can do it.

- A.** Think of someone you know that you can help. Draw or write who they are in one cloud and how you can help them in the other.

Who I can help



How can I help

B. Have you ever thought about fundraising as a way to help? For example, you could do chores for neighbours, as a way to raise money to help someone or a charity.

Choose 3 ideas from the list below. Draw a line from each picture to one of the lines below. Add up how much you could earn by doing each chore one time.



Window cleaning
\$1.00 per window



Mop or sweep floor
\$2.00



Folding laundry
\$1.00 per load



Mail or newspaper
delivery
\$1.00



Pulling weeds
\$5.00



Water flowers
\$2.00



Vacuum
\$2.00



Take out garbage
or recycling
\$1.00



Carry grocery bags
\$1.00

TOTAL: _____

To add up how much money you could earn, write the amount of each chore on the line that is connected to the picture. Add all three numbers together to get the total.

 **Take it further**

What can you do to help? Talk with your family, and make a plan to help someone or a charity you care about. You can use ideas from these activities or make up your own. You could fundraise to help a family who has just arrived in Canada by doing chores, having a lemonade stand, or making and selling friendship bracelets. Take a look around your home. Are there clothes, toys, or other things that you can give to those who may need them? Keep your plan simple, then put it into action.